

06/17



SLEEP SYSTEMS

INSTRUCTIONS FOR USE
Codes 9001 - 9040



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1.

INSTRUCTIONS FOR USE




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1.0 INTRODUCTION

Thank you for choosing the Smirthwaite Little Dots Sleep System.

Little Dots has been designed for new born babies and children up to the age of 12 months old. A highly supportive system, its segmented Horseshoe and Wedges, dressed with the Fleece, help to establish a profile shape.

	<p>IMPORTANT!</p> <p>These instructions should be read by all therapists and carers using the equipment and should be retained for future reference. The product should always be used under adult supervision.</p> <p>Any incorrect use of the product and failure to follow the instructions may put the user at risk or impede the function. If you have any queries using this product or wish for further copies, please do not hesitate to contact Customer Service department on T: +44 (0) 1626 835552.</p>
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2.0 TECHNICAL DATA

2.1 PRODUCT CODES REFERENCE



Little Dots system
CODE 9030
Segmented Horseshoe, Daisy, Box W,
Fleece Overlay, 3 sizes of Wedges
(pairs) and Wedge & ramp (pair)



Fleece overlay
CODE 9038
Double sided fleece is used to
overlay on the components



Daisy
CODE 9033
Provides head support
Head angle is increased when
Daisy petals are folded



Segmented horseshoe
CODE 9032
Encourages alignment



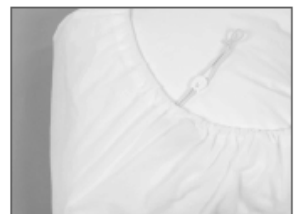
Box W
CODE 9031
Supports your child's leg
Prevents rotation and risk of dislocation



Wedge & ramp (pair)
CODE 9034
For less demanding children, gives
pelvic positioning and arm support



Wedge (pair)
CODE 9035 size 1, 9036 size 2,
9037 size 3
Used to profile the Horseshoe or
other components




Mattress sheet
CODE 9001
Hook & loop receptive sheet
Fits standard single mattress,
custom sizes available

2.2 TECHNICAL REFERENCES

- Individual components are made either from Crumb Memory Foam or Chipped Comfy Foam contained within a Crib 5 certified Fire Check Liner (inner cover)
- Solid components are made from 8lb reconstructed foam with removable covers.
- Where a cover is removable from reconstructed foam, a Fire check liner is used.
- By opening the inner cover, the filling volume can be adjusted by adding or removing 'chips'
- Components can be supplied with a mix of Chipped Yellow Confor Comfy Foam on special order.
- All components are covered in Dartex Silver 3 anti-microbial fabric.
- Daisy head supports do not have removable covers.



3.0 FOR YOUR SAFETY


	STOP!
	Please read these instructions CAREFULLY and THOROUGHLY.

- Store in a cool dry area. Avoid excessive pressure and contact with non-colourfast materials.
- With the exception of cleaning, the system is maintenance free.
- If you believe the product or any fitted accessory to be faulty at any time, **DO NOT USE** – contact Smirthwaite by telephone on +44 (0) 1626 835552.

4.0 UNPACKING

- Please take note of any instructions on the packaging/box when unpacking.
- Once the components are unpacked, please check all parts are present as expected.
- If any part is damaged or functioning incorrectly – do not use until rectified.

5.0 SETTING UP THE LITTLE DOTS SLEEP SYSTEM

	STOP!
	If in any doubt, ALWAYS seek ADVICE.

By definition the system is client specific and the following instructions will enable the prescriber to show the position of the components.

5.1 Adjusting for growth

- For young children with low body mass and control, it is important to provide cushioning that is volume adjustable.
- Little Dots cushions allow you to add and remove filing which, in turn, lets the system grow with your child.



6.0 POSITIONING

- The Little Dots sleep system supports your child to accommodate and correctly position posture overnight, whilst maintaining a high level of comfort.



Box W
Wedge & ramp (pair)
Daisy



Fleece overlay
Image presents fleece overlaying
Box W, Wedge & ramp (pair) & Daisy



Segmented horseshoe
Supports side lying



Box W
Segmented horseshoe



Fleece overlay
Image presents fleece overlaying
Segmented horseshoe & Box W



Little Dots system
Segmented Horseshoe, Daisy, Box W,
Fleece Overlay, 3 sizes of Wedges (pairs)
and Wedge & ramp (pair)



7.0 CARE AND MAINTENANCE

	IMPORTANT!
	CLEANING IS RECOMMENDED ON A REGULAR BASIS

- Superficial dirt on the cover may be removed by wiping with a soft cloth moistened with water containing a mild detergent.
- More persistent contaminations may be treated by wiping with alcohols or turpentine substitute, followed by hot water and detergent.
- Proprietary disinfectants may be used provided the manufacturer's instructions are followed.
- All cleaning agents and disinfectants must be thoroughly rinsed off and then the item dried before storage.
- Some surface wrinkling may occur from cleaning procedures – this has no adverse effect on the fabric's properties.
- With the variety of laundry equipment and consumables available you should satisfy yourself the cleaning process is as expected.

Material	Washing temperature
Undyed fabrics (White Dartex)	95°C (203°F)
Dyed fabrics (Coloured Dartex/Silver 3)	71°C (160°F)

7.1 DAILY CHECKS

- Check for signs of wear, tear or damage.
- Check for missing parts.
- Check the foam is securely contained within the inner liner.



8.0 WARRANTY & SERVICE

Smirthwaite Ltd warrants the products detailed on your order to be free from defects in materials and workmanship for a period of 2 years from date of delivery. If a fault develops during the period, please call Customer Services by email or telephone 01626 835552 who will advise you on the best course of action. Possible action may be for us to arrange to send out one of our Service Engineers, or have the goods returned to us. Should a repair not be possible within the guarantee period we will replace the product for new or nearest equivalent product. In the unlikely event that we cannot repair or exchange we will refund in full.

This warranty is for the UK only. The warranty excludes faults due to accident, neglect, misuse, not following the Instructions and normal wear and tear. This warranty is in addition to your legal rights. Goods will only be collected from the original delivery address.

A charge may be made where the goods cannot be repaired under the terms of the warranty. You will be advised before this is made.

T: +44 (0)1626 835552 E: info@smirthwaite.co.uk

9.0 CONTINUOUS IMPROVEMENT

Smirthwaite Ltd are committed to continuous improvement to their product range. Should you have any suggestions or comments please send them to our product design department at: info@smirthwaite.co.uk

Smirthwaite Ltd reserve the right to change the specification or material without prior notice.

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10.0 SERVICE INSPECTION

10.1 Product Information

Model:	
Size:	
Date of Manufacture:	
Serial Number:	
Final Inspection:	

10.2 Service & inspection record form:

Date	Procedure	Service Personnel





2.

INSTRUCTIONS FOR USE




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1.0 INTRODUCTION

Thank you for choosing the Smirthwaite Snooooooze Sleep System.

Our sleep systems are flexible and highly customizable to the needs of your child. They are adjustable in size (filling can be added/removed), so they grow with your child, are easily portable and have been designed in conjunction with health professionals and carers.

	<p>IMPORTANT!</p> <p>These instructions should be read by all therapists and carers using the equipment and should be retained for future reference. The product should always be used under adult supervision.</p> <p>Any incorrect use of the product and failure to follow the instructions may put the user at risk or impede the function. If you have any queries using this product or wish for further copies, please do not hesitate to contact Customer Service department on T: +44 (0) 1626 835552.</p>
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2.0 TECHNICAL DATA

2.1 PRODUCT CODES REFERENCE



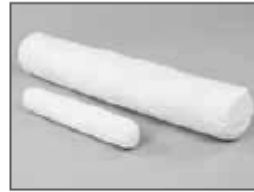
T-roll

CODE 9008 size 1, 9009 size 2
Inhibits adduction
Supports your child's legs in abduction



Body roll

CODE 9010 size 1, 9011 size 2
Provides the ideal positioning to enable side lying, giving support to head, trunk and leg



Roll

CODE 9012 size 1, 9013 size 2
Supports down the back or behind the knees



Horseshoe

CODE 9014
Encourages alignment and is suitable for supine and side positioning



W leg trough

CODE 9004 size 1, 9005 size 2
Positions your child's legs
Prevents rotation and risk of dislocation



W leg trough with wrap

CODE 9006 size 1, 9007 size 2
The adjustable wrap provides extra support for the legs



Twin leg wedge

CODE 9015
Gives leg support and provides support behind the knee



Foot support

CODE 9016
Positions and supports the feet in alignment at various angles



Pillow

CODE 9017 size 1, 9018 size 2
Very versatile
Use as a head support or between the legs in side lying



Banana cushion

CODE 9019
Versatile component that can be used for most parts of your child's body



Star head support

CODE 9020 size 1, 9021 size 2
Gives head support
Points of the Star can be folded for angled support



Mattress sheet

CODE 9001
Hook & loop receptive sheet
Fits standard single mattress, custom sizes available



Curved wedge

CODE 9022 size 1, 9023 size 2, 9024 size 3
Use either directly supporting the body or other components



Wedge

CODE 9025
Supports head in mid-line



Tri-fold


CODE 9026 size 1, 9027 size 2
Use either directly supporting the body or other components



2.2 TECHNICAL REFERENCES

- The mattress sheet is made with fitted corners with an elastic drawstring and lock.
- Individual components are made either from Crumb Memory Foam or Chipped Comfy Foam contained within a Crib 5 certified Fire Check Liner (inner cover)
- Solid components are made from 8lb reconstructed foam with removable covers.
- Where a cover is removable from reconstructed foam, a Fire check liner is used.
- By opening the inner cover, the filling volume can be adjusted by adding or removing 'chips'
- Components can be supplied with a mix of Chipped Yellow Confor Comfy Foam on special order.
- All elements are covered in Dartex Silver 3 anti-microbial fabric.
- All brackets are manufactured in ABS plastic
- The mesh Leg trough wrap is manufactured in AirTec
- Star and Daisy head supports do not have removable covers.
- Beanies are bead-filled.
- Components are attached to the Mattress cover using hook/loop.

3.0 FOR YOUR SAFETY

	STOP!
	Please read these instructions CAREFULLY and THOROUGHLY.


- Store in a cool dry area. Avoid excessive pressure and contact with non-colourfast materials.
- With the exception of cleaning, the system is maintenance free.
- If you believe the product or any fitted accessory to be faulty at any time, **DO NOT USE** – contact Smirthwaite by telephone on +44 (0) 1626 835552.

4.0 UNPACKING

- Please take note of any instructions on the packaging/box when unpacking.
- Once the components are unpacked, please check all parts are present as expected.
- If any part is damaged or functioning incorrectly – do not use until rectified.



5.0 SETTING UP THE SNOOOOOZE SLEEP SYSTEM

	TIP!
	The hook and loop receptive side has a flocked texture The underside is smooth. If in any doubt, ALWAYS seek ADVICE.

By definition the system is client specific and the following instructions will enable the prescriber to show the position of the elements. See 6.8, positioning templates that may help with set up.

5.1 Fitting the Mattress Cover

- Fit the mattress cover, align the client in the optimum position and then support only where necessary so minimizing the cushioning the client is in contact with. This reduces the chances of the client overheating
- The support elements interface with the mattress cover, and are held in place by Hook and Loop strips.
- To fit the cover, pull over the mattress (corner stitching to the inside – only one surface is receptive) and draw the elastic through the draw locks until tight.
- To achieve a tight fit, the mattress can be bent so as to loosen the elastic and the excess then taken up.
- On weak walled mattresses it is possible to place an extra hook and loop strap underneath the mattress to tension the cover – use this approach for cover profiling bed mattresses
- Once the sheet has been set up/adjusted, it can be removed and replaced like a normal fitted sheet, without any need for adjustment of the draw locks.

5.2 The filling and inner cover

- The filling (which is an inner bag) can be adjusted by adding or removing chips. It must also be removed before the outer cover is cleaned.

6.0 POSITIONING

- The Snooooooze sleep system supports your child in supine, side and semi-prone lying positions. This key feature enables you to accommodate and correctly position posture overnight, whilst maintaining a high level of comfort.
- Roll your child slightly away from where the component is to be located.
- Position the component with the hook and loop onto the sheet.
- With the component now in place, ease the child back into position so that contact is made with the component.
- Repeat this process for other components as necessary.



6.1 Adjustment for Growth

- Initially the component may appear too large or too firm, hence some of the foam can be removed to suit.
- To reduce/increase the foam content, firstly remove the Dartex cover of the component. Unzip the inner cover and adjust the amount of foam to suit your child's needs. Remember to store any spare foam as this may be required later. Replace the Dartex cover to complete.

6.2 Supine Lying Components

- To ensure correct positioning we firstly align the pelvis. The pelvis is the foundation of good posture, and is therefore the first area we evaluate when conducting an assessment. Using a component like the W leg trough we aim to draw the legs into mid-line.



T-roll (size 1 & 2)

Inhibits adduction
Supports your child's legs in abduction



W leg trough (size 1 & 2)

Positions your child's legs
Prevents rotation and risk of dislocation



W leg trough with wrap (size 1 & 2)

The adjustable wrap provides extra support for the abducted legs



Twin leg wedge

Gives leg support and provides support behind the knee



Foot support

Positions and supports the feet in alignment at various angles



Foot support

See product opposite

Roll (size 1 & 2)

Use as a head support or behind the knees



6.3 Side Lying

- The Body Roll has heralded a new stage in side lying, and can help achieve an excellent trunk and leg position for both left and right side lying. It is most effective when the trunk has shortening sides and the legs are windswept.
- Alignment of the legs is achieved with a Pillow between your child's legs.
- The final key of achieving a good posture is to support and position the head.

6.4 Semi Prone Lying

- Evolved from our work in side lying, semi prone lying is best achieved through use of our Body Roll. This roll effectively supports your child's head and knees at the same time.

6.5 Side Lying & Semi Prone Lying Components



Pillow size (1 & 2)

Very versatile

Use as a head support or between the legs in side lying



Body roll (size 1 & 2)

Supports head, trunk and legs

Pillow size (1 & 2)

See product opposite



Roll (size 1 & 2)

Use as a head, knees or back support

Curved wedge (3 sizes)

Supports the body or other components



Bannana cushion

Encourages alignment

Suitable for supine & side positioning



Horseshoe

Use as a head support or between the legs in side lying



Star head support (size 1 & 2)

Use as a head support or behind knees



6.6 Support Components

These supplementary support components help to provide extra support and more stability in achieving the desired position.



Curved wedge (3 sizes)

Use either directly supporting the body or other components



Wedge

Popular to use as a head positioner

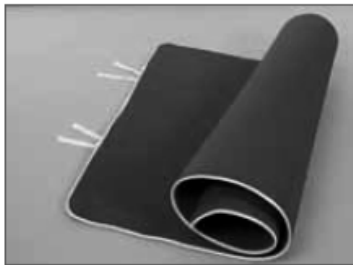


Tri-fold (size 1 & 2)

Use either directly supporting the body or other components

6.7 Daytime Therapy

Our sleep systems can be also used for day time therapy in conjunction with the Therapy mat, which is hook & loop receptive.



Therapy mat

CODE 9002

Can be used in sensory rooms and for stretching and therapy activities



Sidney

CODE 9039

A highly portable multi-use side lying positioning system



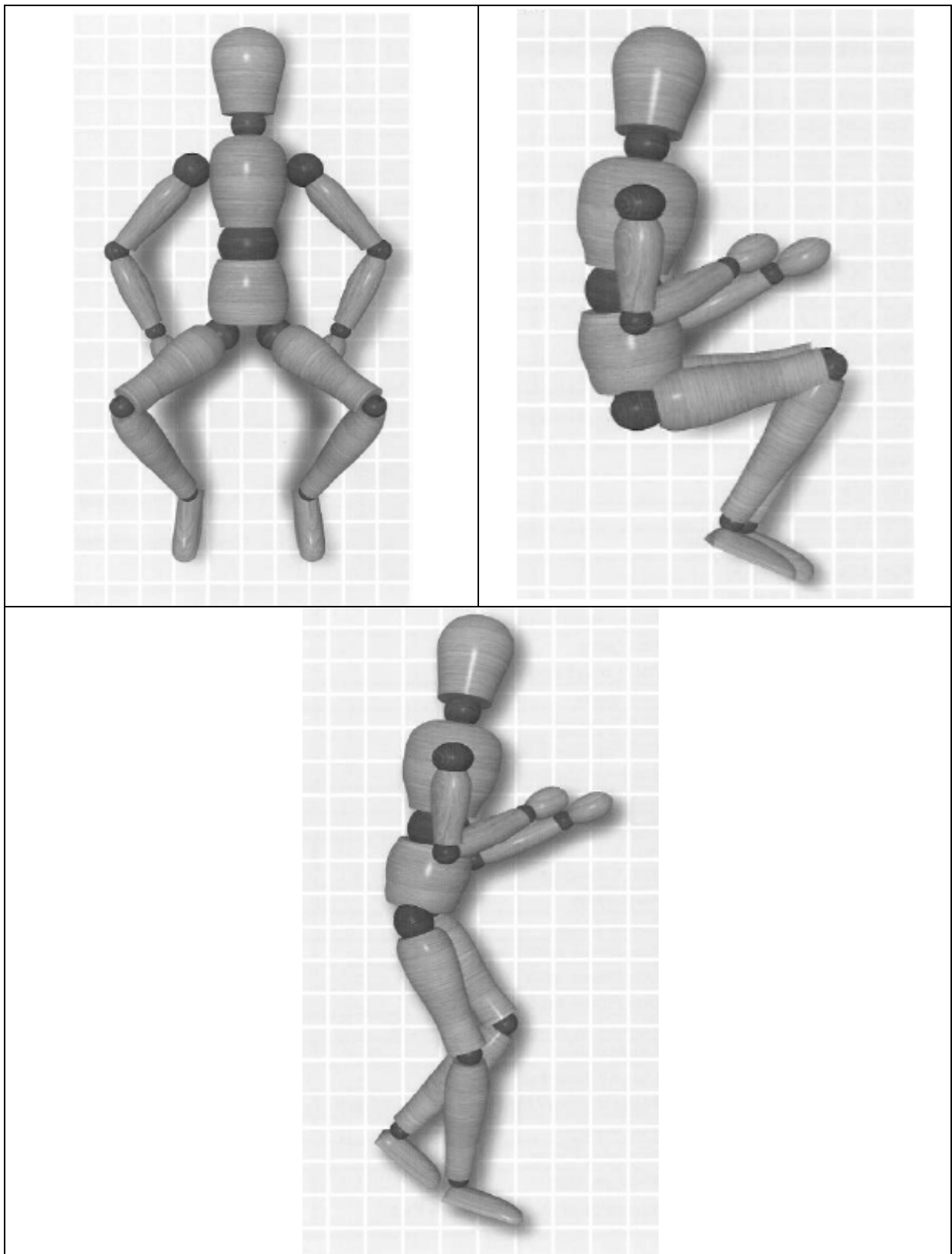
Sidney with a wrap

CODE 9040


Can be used with or without a wrap
Wrap attached on hook & loop device



6.8 Positioning Templates



7.0 CARE AND MAINTENANCE

	IMPORTANT!
	CLEANING IS RECOMMENDED ON A REGULAR BASIS

- The internal foam bag must be removed before the outer is cleaned.
- Superficial dirt on the cover may be removed by wiping with a soft cloth moistened with water containing a mild detergent.
- More persistent contaminations may be treated by wiping with alcohols or turpentine substitute, followed by hot water and mild detergent.
- Proprietary disinfectants may be used provided the manufacturer's instructions are followed.
- All cleaning agents and disinfectants must be thoroughly rinsed off and then the item dried before storage.
- Some surface wrinkling may occur from cleaning procedures – this has no adverse effect on the fabric's properties.
- Avoid contact with non-colourfast materials
- Avoid excessive pressure when compressing components into storage.
- In smaller washing machines it may be difficult to wet out covers and correspondingly spinning and tumbling may not remove trapped water. It may be helpful to interrupt the washing or drying cycles to alleviate this.
- Do not wring out/mangle.
- With the variety of laundry equipment and consumables available you should satisfy yourself the cleaning process is as expected.

Material	Washing temperature
Undyed fabrics (White Dartex)	95°C (203°F)
Dyed fabrics (Coloured Dartex/Silver 3)	71°C (160°F)
Mattress cover	40°C (104°F)

7.1 DAILY CHECKS

- Check for signs of wear, tear or damage.
- Check for missing parts.
- Check the foam is securely contained within the inner liner.



8.0 WARRANTY & SERVICE

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10.0 SERVICE INSPECTION

10.1 Product Information

Model:	
Size:	
Date of Manufacture:	
Serial Number:	
Final Inspection:	

10.2 Service & inspection record form:

Date	Procedure	Service Personnel



NOTES





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